

## Post-Whitening Care Instructions

Congratulations! You've just experienced a revolutionary tooth whitening procedure. The next 48 hours are important in enhancing and maximizing your whitening results for a long lasting, bright and healthy smile.

**For the next 48 hours, dark staining substances should be avoided, such as:**

- Coffee and/or tea
- Cola
- Berry pie
- Tobacco products
- Red wine
- Red sauces
- Mustard or ketchup
- Soy sauce

**Additional ways to maintain your sparkling Zoom!® smile:**

- Avoid staining related habits.
- Use an automated toothbrush.
- Seek regular professional dental hygiene care to maintain oral health, keep staining to a minimum and determine the need for whitening touch-ups.
- Practice good oral hygiene including thorough tooth brushing, flossing to remove debris from between the teeth, and tongue cleaning. Your dental professional will assist you in selecting the products to maintain not only a white smile, but a healthy one as well!

# ZOOM!

DISCUS DENTAL

19-1996 1203

# ZOOM!

Professional Chairside Whitening System

### Photoreactive Drug Information

The following medications are commonly considered to be photoreactive and may cause an adverse condition if used in conjunction with the Zoom System. If you are currently taking any of these medications, please consult with your physician before going through the Zoom procedure. To check photoreactive properties of any medications not listed below, please consult the most recent edition of the Physician's Drug Reference (PDR).

<b>Generic Name</b>	<b>Trade Name</b>
Chlorthiazide	Aldoclor, Diupres, Diuril
Hydrochlorothiazide	Aldacteride, Aldoril, Capozide, Dyazide, Hydrodiuril, Lopressor, Orotic, Moduretic
Chlorthalidone	Combipres, Tenoretic, Hygroton
Naprosyn	Naproxen
Oxaprozin	Daypro
Nabumetone	Relafen
Piroxicam	Feldene
Doxycycline	Vibramycin, Doryx
Ciprofloxacin	Cipro
Ofloxacin	Floxin
Psoralens	Methoxsalen, Trisoralen
Democlocycline	Declomycin
Norfloxacin	Chibroxin, Noroxin
Sparfloxacin	Zagan
Sulindac	Clinoril, Sulindac
Tetracycline	Achromycin
St. John's Wart	
Isotretinoin	Accutane
Tretinoin	Retin A

### Patient Acknowledgement

I have read the list above and understand that the medications listed, if taken, can have an adverse reaction when used with the Zoom System. I also acknowledge that I do not currently take any of these prescribed medications.

19-2074-0104

Patient Signature

Print Name

Date